



07 JUNE 2026 AM

Psalm 43

SHORT SUMMER PSALMS: TRUST

= assured reliance on God's strength, ability, and character

Why art thou cast down, O my soul? and why art thou disquieted within me? hope in God: for I shall yet praise him, who is the health of my countenance, and my God.

Psalm 43:5

INTRODUCTION

- this morning, we begin a series of messages under the heading **SHORT SUMMER PSALMS**

we will look at **five** psalms, each with **five** verses

NOTE: Psalm 15 also has five verses, but I preached that back in November 2025, titled RESIDE

- **Psalm 43** seems to be connected to **Psalm 42**:

there is no superscription

the repetition of **Why art thou cast down, O my soul? 42:5,11 and 43:5**

Psalm 42 deals with spiritual depression; the author is frustrated with his life and the way of the world

verses 3, 6, 9, 10

this is something we can all identify with:

the tediousness of life

the emotions of daily living

relationships that don't work out

- this psalm is associated with The Sons of Korah

Numbers 16

Korah was a cousin to Moses and Aaron

he struggled against God's chosen leadership, and as a result, God caused the earth to open up and swallow him

his family survived and his sons went on to become music leaders in the nation of Israel

1 Chronicles 9:19 cf Psalm 44-49

- **Psalm 43** follows the natural progression begun in the previous psalm:

Tugging At God

Psalm 42:1-5

Tracing Toward God

Psalm 42:6-11

Trusting In God

Psalm 43

- so as we dig into this psalm, keep something in mind:

**The psalmist's circumstances
did not change,
but his attitude did**

Proverbs 23:7

For as he thinketh in his heart, so is he:

1. THE WORLD **verses 1-2**

Judge me, O God, and plead my cause against an ungodly nation: O deliver me from the deceitful and unjust man. For thou art the God of my strength: why dost thou cast me off? why go I mourning because of the oppression of the enemy?

the psalmist appears to be fed up with the world and its opinions about him

you can't fix people...

VINDICATION

= to confirm the innocence of

to us in the New Testament age, it seems strange for the psalmist to seek God's **judgment**

we would seek God's **mercy**

1 Peter 2:10

Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.

Psalm 139:23-24

Search me, O God, and know my heart: try me, and know my thoughts: and see if there be any wicked way in me, and lead me in the way everlasting.

VITUPERATION

= bitter condemnation

cf **Psalm 42:3, 10** Where is your God?

throughout the book of *Job*, he is constantly judged by his so-called friends as having some secret sin for which God has brought punishment

in *Job 16*, he argues against his friend, Eliphaz, who has heaped up words in his conclusion against Job

Job, however, stands ready to have God judge him, not the world and its culture

Job 16:19

Also now, behold, my witness is in heaven,
and my record is on high.

Job 16:21

O that one might plead for a man with God,
as a man pleadeth for his neighbor!

1 John 2:1

My little children, these things write I unto you,
that ye sin not. And if any man sin, we have an
advocate with the Father, Jesus Christ the
righteous:

Romans 8:34

Who is he that condemneth? It is Christ that died,
yea rather, that is risen again, who is even at the
right hand of God, who also maketh intercession
for us.

as Christians, we need never fear the judgment
of God (Judgment Seat of Christ), for our sins
are removed because of the blood of Jesus

1 John 1:9

but would we have the courage to pray and ask
God to reveal our habitual sins?

our problem areas?

our personality flaws?

2. THE WALK **verses 3-4**

O send out thy light and thy truth: let them lead me; let them bring me unto thy holy hill, and to thy tabernacles. Then will I go unto the altar of God, unto God my exceeding joy: yea, upon the harp will I praise thee, O God my God.

the psalmist doesn't want more of the world's opinions...he desires the **LIGHT** and **TRUTH** of God's Word

Psalm 119:105

Thy word is a lamp unto my feet,
and a light unto my path.

John 17:17

Sanctify them through thy truth: thy word is truth.

compare this to what David said in **Psalm 23**

Psalm 23:6

Surely goodness and mercy shall follow me
all the days of my life: and I will dwell in the
house of the LORD for ever.

God's **MERCY** and **GOODNESS** follow us; this is a result of our being led by His **LIGHT** and His **TRUTH**

now, notice the **WALK** the psalmist takes:

THE HILL

this is Mount Zion and is indicative of the city of Jerusalem

this is where God's people live out the principles of His Law...daily living

THE HOUSE

this is the Tabernacle where the people would offer sacrifices as atonement for their sins

NOTE: the plural is used to indicate majesty

later, this would be replaced by the Temple

THE HOLINESS

this speaks of the altar, where the blood was applied...more specifically, the Holy of Holies, where the blood was applied to the Mercy Seat for the sins of the nation

why is this **WALK** important to understand?

because a majority of Christians are content to be in the church service, hiding in plain sight among others who have the same sin

to move closer to God's presence would require confession of sin and repentance

to come right up to the altar indicates a willingness to be exposed to God and walk in honest fellowship with Him

Hebrews 13:10

We have an altar, whereof they have no right to eat which serve the tabernacle.

1 John 2:6

He that saith he abideth in him ought himself also so to walk, even as he walked.

3. THE WHISPER **verse 5**

Why art thou cast down, O my soul? and why art thou disquieted within me? hope in God: for I shall yet praise him, who is the health of my countenance, and my God.

finally, the psalmist stops looking around and listening to the world...and **talks to himself**

NOTE: according to John Phillips, this is often the first sign of sanity

Luke 15:17

And when he came to himself, he said, How many hired servants of my father's have bread enough and to spare, and I perish with hunger!

the psalmist understands two things about his current condition:

he is depressed *cast down*

he is confused *disquieted*

with this understanding, he asks himself two questions:

WHY AM I SCARED?

the challenge for us here is to get the fear out in the open...to expose it to the light

God is all about the light

Matthew 5:15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

are you afraid of the future? people? yourself?

2 Timothy 1:7

WHERE IS MY SECURITY?

Hope in God. He might not be there yet, but at least he knows what direction to look

Psalms 42:5, 11 **hope...health**